

Challenging stereotypical assumptions of rurality

Tutorial Guidelines

Note: This guide is not a definitive tutorial. It is designed to act as a starting point and to trigger ideas that will allow discussion to develop. The tutorials are modelled on reflective practice and experiential learning concepts. As such content, resources and examples are to be based on students' experience in practice in order to contextualize and make sense of their experience.

Specifications

Audience:

Undergraduate health science students with little or no exposure to education around rural health

Time:

50 minutes

Activity:

Interactive Group Activity

Facilitation:

To facilitate this session you will need:

- A clinical qualification
- Understanding of primary health care
- Understanding of health promotion
- Understanding of disease prevention

Requirements:

Large cardboard sheets
Marker pens
Various magazines
String and bits and pieces

Purpose

The purpose of the reflective practice tutorial is to explore students' conceptions of rurality in order to build upon students' understandings of rural health care from an interprofessional perspective.

Objectives

Following this session students will be able to:

- Identify features that arise from practice that can move beyond biomedical approaches to psycho-social approaches to rural health care;
- Identify features of rural practice that can be approached as an interprofessional team to optimise health care for clients.

Guiding Questions for Tutorial Discussion

Why do you think these stereotypes and myths surrounding rurality exist?

What impact do these stereotypes have on the way you engaged with the rural community when you first commenced your placement?

Has the way you think about rural practice changed since undertaking this program? If so, in what way?

What do you think the challenges to interprofessional approaches to rural health care might be?

* Please encourage the students to discuss the issues related to confidentiality in small rural communities and reinforce the need to use pseudonyms at all times during discussions.