

Interprofessional Practice Activity

Tutorial Guidelines

Note: This guide is not a definitive tutorial. It is designed to act as a starting point and to trigger ideas that will allow discussion to develop. The tutorials are modelled on reflective practice and experiential learning concepts. As such, content, resources and examples are to be based on students' experience in practice in order to contextualize and make sense of their experience.

Specifications

Audience:

Undergraduate health science students with little or no exposure to education around rural health

Time:

50 minutes

Activity:

Group Discussion

Facilitation:

To facilitate this session you will need:

- A clinical qualification
- Understanding of primary health care
- Understanding of health promotion
- Understanding of disease prevention

Purpose

The purpose of the reflective practice tutorial is to enable students to contextualize and make sense of rural primary health care, while exploring interprofessional approaches to health care.

Objectives

Following this session students will be able to:

- Identify features that arise from practice that can move beyond biomedical approaches to psycho-social approaches to rural health care;
- Identify features of rural practice that can be approached as an interprofessional team to optimise health care for clients.

Guiding Questions for Tutorial

What do you think the benefits of an interprofessional approach to health care are in the rural context?

What do you think the challenges to interprofessional approaches to health care might be?

Would someone like to tell me about a client they encountered in practice today?

How do you think different professions contribute to this client's health care?

* Please encourage the students to discuss the issues related to confidentiality in small rural communities and reinforce the need to use pseudonyms at all times during discussions.